



# CHECK-IN CHALLENGE

## CENTRAL LINCOLN COUNTY YMCA

**Our check-in challenge will motivate you to simply come to the Y and build a routine.**

Whether you take a class, walk the track, or meet a friend in the lobby, we'll track each check-in. Everyone who checks in 15 times or more in the month of January will be entered into a raffle for a chance to win 3 months of free membership!!

**PRIZE:  
3 MONTHS FREE  
MEMBERSHIP**

**CHECK-INS BEGIN  
JANUARY 2ND 2026**

**ONE CHECK-IN PER DAY**

One time registration:  
\$10 member / \$20 nonmember

Get started by registering for the challenge, starting a sign in card you will initial each time you come in.

For more information, contact  
Cynthia H Fort, [chfort@clcymca.org](mailto:chfort@clcymca.org)

CENTRAL LINCOLN COUNTY YMCA  
525 Main Street, Damariscotta, ME 04543  
207-563-9622 • [www.clcymca.org](http://www.clcymca.org)